



GROUP REFERRAL INFORMATION

1.0 Context

Latest statistics from the Home Office Crime Survey for England and Wales 2015/16

As in previous years, cannabis was the most commonly used drug, with 6.5% of adults aged 16 to 59 having used it in the last year (around 2.1 million people)

Among younger adults aged 16 to 24, cannabis was also the most commonly used drug, with 15.8% having used it in the last year (around 975,000 young adults).

2.0 Group Background and Information

Despite being the most commonly used illegal drug, cannabis has the lowest levels of specialist mutual aid support within user led addiction services. The recent advent of spice and legal highs use has left users even less well catered for. Cannabis users with serious addictions manifesting in prolonged and daily use often report difficulties in accessing and engaging in traditional drug support pathways. Our group was established to provide mutual aid and peer led support to such users.

2.1 Support and statistics

Supported by the Bridge Project, we are an adult, abstinence based self-help, user led, mutual aid support group sharing personal experience and best practice. The group was formed in March of 2015 and as of November 2017, has seen over 200 members attending our weekly meetings. We meet every Friday between 12:30-3:00 pm The Vault Café, Trafalgar street, BRADFORD.BD1 3DN and every Tuesday between 6:00 – 8:00 pm at Shipley Fire Station, 1 Shipley Fields Rd, Shipley BD18 2DG.

We regularly see attendances between 15 –25 with approximately 90% cannabis, 8% spice and 2% legal high use. The group is often the first port of call for many of our members. We regularly refer clients to the Unity Change Programme, Unity AIM group S.M.A.R.T and Narcotics Anonymous.

2.2 Social Media

Our support group is extended beyond our regular meetings by the use of a secret Facebook page allowing communication, networking and the distribution of literature outside of normal support hours. A separate management committee oversees policy and administration of our online presence. We also run a public Facebook page to allow contact, information requests and generate support and understanding. Furthermore, we run a public Facebook page and a twitter account in addition to maintaining a website.

3.0 Meetings

We currently host 3 regular weekly meetings in Leeds, Bradford and Shipley. Our meetings operate on a mutual aid, self-help model. We also run several events in addition to our regular meetings, such as; social events for our members and workshops and presentations at- local universities, colleges, community centres and health care establishments. We are well supported by Bridge. both in the management and execution of the group's activities. We have seen numerous examples of success in our diverse cohort, supporting members with serious lifelong addictions and watching them grow and develop into volunteering, employment and general health and happiness.

REGULAR MEETINGS EVERY TUESDAY

6:00 - 8:00 pm

Shipley Fire Station, 1 Shipley Fields Rd, SHIPLEY, BD18 2DG

<https://www.google.co.uk/maps/place/Shipley+Fire+Station/@53.8242023,-1.7707536,1792m/data=!3m1!1e3!4m5!3m4!1s0x0:0x93bf2d1cf3379c67!8m2!3d53.8242023!4d-1.7707536>

REGULAR MEETINGS EVERY FRIDAY

12:30-3:00 pm

The Vault at 30 Manningham Lane, BRADFORD, BD1 3DN.

(Entrance down the side of Trafalgar street)

<https://www.google.co.uk/maps/place/The+Vault+Cafe/@53.7994152,-1.7596623,17z/data=!3m1!4b1!4m13!1m7!3m6!1s0x487be14d96f6b085:0xf47ea04ac3eb4b04!2s30+Manningham+Ln,+Bradford+BD1+3DN!3b1!8m2!3d53.7990129!4d-1.7578062!3m4!1s0x487be14d8e3c7485:0xa55375ef3fd6a011!8m2!3d53.7994121!4d-1.7574736?hl=en>

REGULAR MEETINGS EVERY SUNDAY

1:30 - 3:30 pm

The Space, Unit 8, Gemini Business Park, Sheepscar Way, LEEDS. LS7 3JB.

<https://www.google.co.uk/maps/search/+Unit+8,+Gemini+Business+Park,+Sheepscar+Way,+Leeds.+LS7+3JB/@53.810762,-1.5378884,17z?hl=en&authuser=0>



4.0 Referral Process

Our meetings are user led and open to anyone who has a desire to end their addiction. We welcome support workers, managers, practitioners and carers to attend meetings on a confidential basis with their clients. No appointment is necessary, but you may wish to contact us beforehand using our contact methods listed below.

7.0 Contact Details

Dave Memery
Cannabis, Spice and Legal Highs Group Facilitator
Mobile 07821 946883
davemem3@gmail.com

Group voice mail:	07379 915 190
Group email:	cslhginfo@gmail.com
web:	https://www.cslhg.org
Facebook:	https://www.facebook.com/cslhg
Twitter:	https://twitter.com/cslhginfo
#cslhg	http://twubs.com/cslhg

Contact Request

email to: cslhginfo@gmail.com

Name of Referrer:

Name of Client:

Organisation:

Email:

Contact No:

Comments:

Today's Date:

