



**WEDNESDAY OPEN MEETINGS**  
**Bevan House Wellbeing Centre**

**ALL WELCOME**

**10.15 am – 12.15 pm**

**Bevan House Wellbeing Centre. Dale Street, BRADFORD. BD1 4HT.**

**Tel. 01274 905323**

*This was the first ever meeting I attended since I started my journey into recovery from a serious, destructive and potentially life-threatening addiction to "Legal Highs" and Spice. I did however experience a flicker of hope at that first meeting and for the first time realised that recovery from drug addiction is possible. I kept going back to the meetings and the peer support, encouragement and most of all hope I received, played a vital role in my recovery and I am now clean from "legal highs" and all other mind-altering substances. I will be forever grateful to the group and its members.*

*Graham Abstinent since 15/06/2015*

The Cannabis, Spice and Legal Highs Group is a user-led, self-help mutual aid group providing advice, support and information to individuals with a history of cannabis, spice and legal highs use.

For more details or information email: [cslhginfo@gmail.com](mailto:cslhginfo@gmail.com)

